

Mitch Valize

Paralympic champion
handcycling



Who is Mitch?



Who is Mitch?

Born with a congenital defect in my left leg

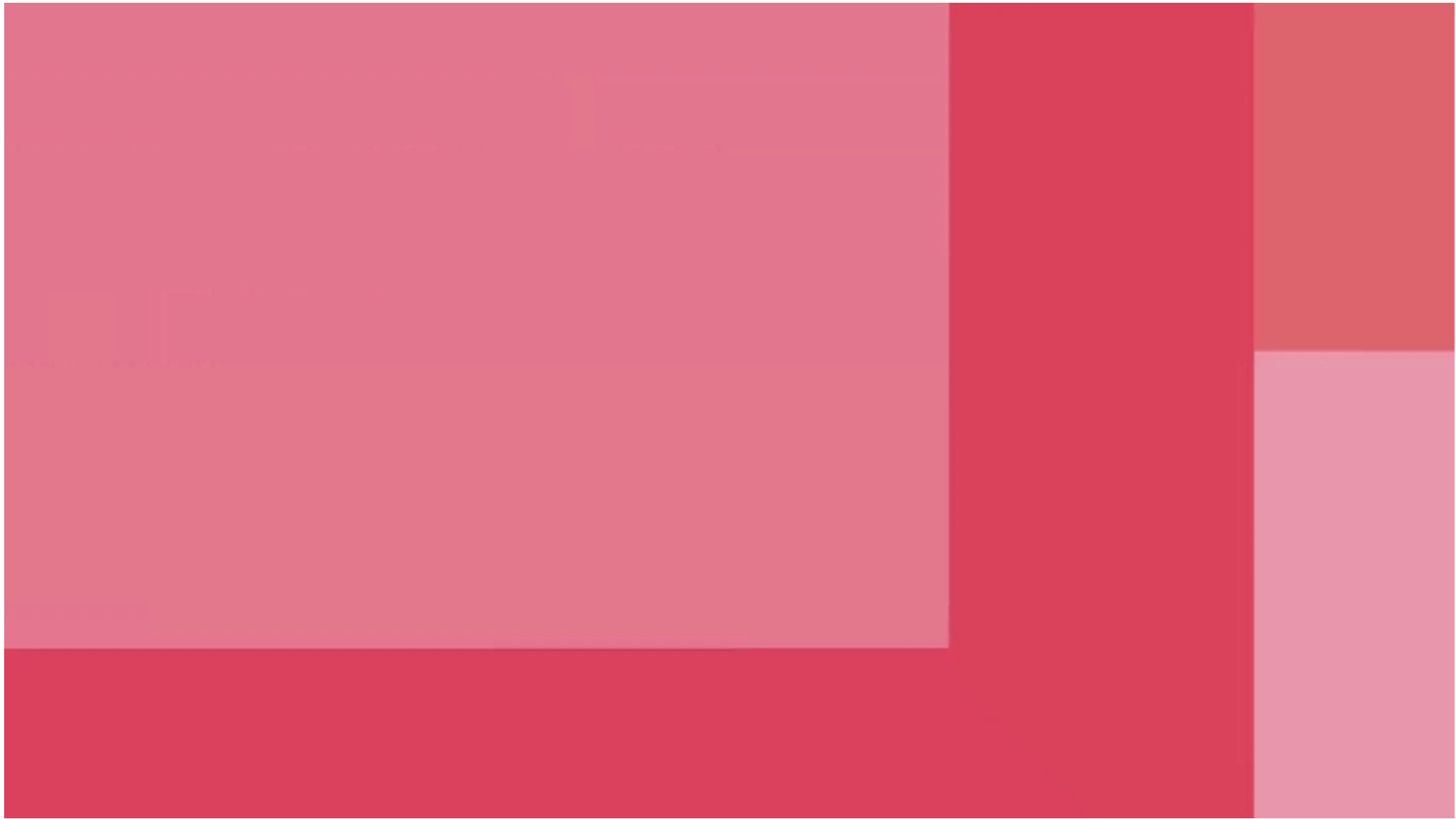


First time in a handcycle



You are only as good as your material







European and world champion 2021



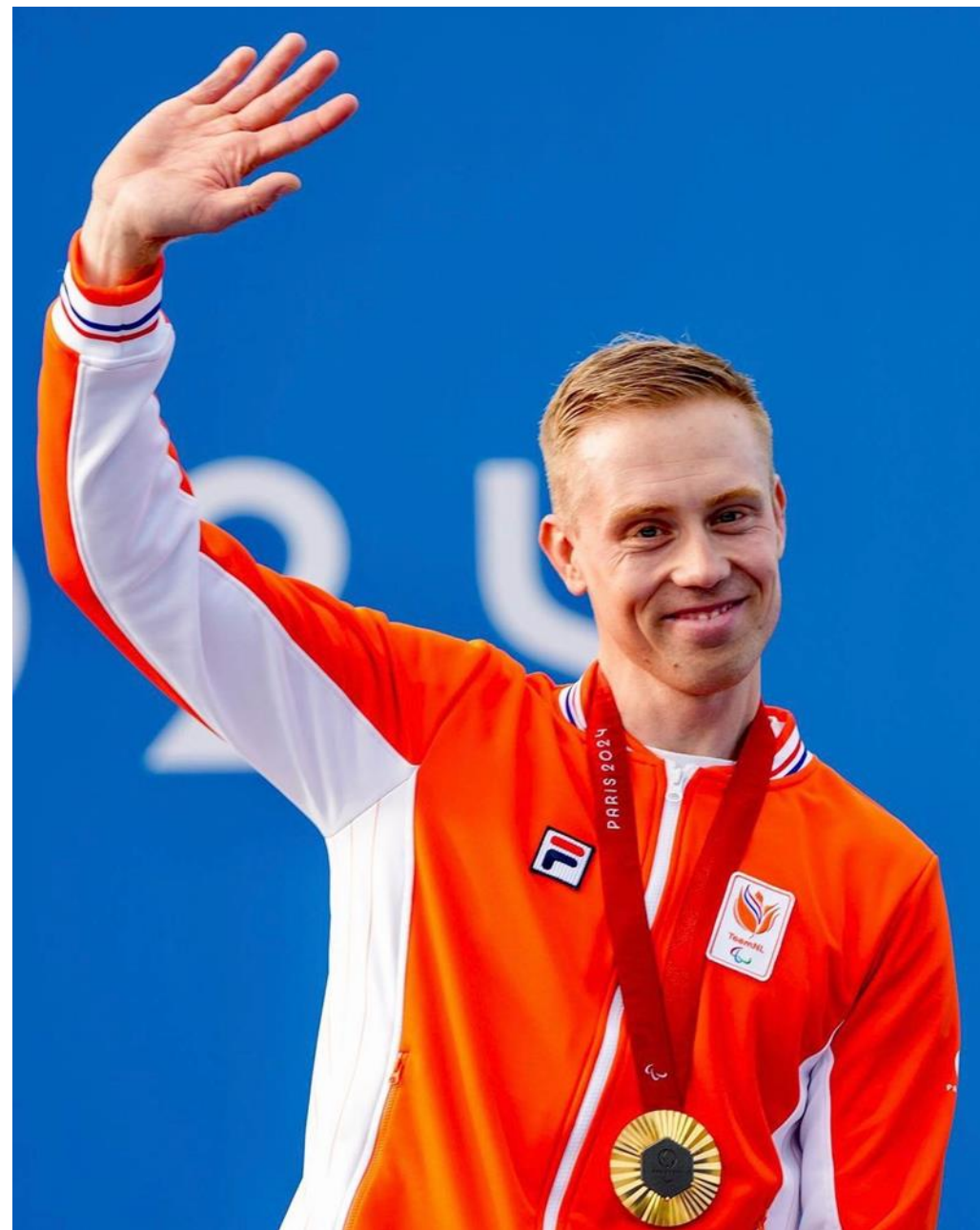
European and world champion 2022



European and world champion 2023



Paris 2024 Paralympic Games



Thank you for your attention!



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